



The Oaklands Primary School
A NINESTILES ACADEMY

Our PSHE Curriculum

As part of our Personal, Social, Health and Economic Education (PSHE) curriculum, we follow the PATHS programme.

PATHS stands for Promoting Alternative Thinking Strategies. The programme empowers all children to develop the fundamental social and emotional learning skills which will enable them to make positive choices throughout life.

Children will:

- **Learn more about their own feelings and other people's feelings**
- **Build their confidence and self esteem**
- **Learn to get along with other people**
- **Learn to manage their own behaviour**
- **Learn how to solve social problems**

Please see the PATHS curriculum breakdown for further information.

Our PSHE curriculum also covers a range of other topics such as:

- **Anti-bullying**
- **Keeping yourself safe**
- **Health and Relationships**