



The Oaklands Primary School  
A NINESTILES ACADEMY

**Healthy Relationships:** At The Oaklands Primary School we teach about 'Healthy Relationships' in an age appropriate way throughout the whole school. We teach all children, at an age appropriate level, some aspects of life cycles including accurate naming of body parts.

Elements of Healthy Relationships Education at The Oaklands Primary School are taught by 'Foundations', a company specialising in teaching about these topics at a primary school level.

As part of the Year 5 statutory Science and PSHE (Personal, Social, Health & Economic) curriculum we teach children about the physical and emotional changes that take place as they approach puberty. Year 6 children are taught about prejudice, drugs, reproduction and how viruses such as HIV are spread.

We endeavour to work in partnership with parents and carers to help children feel safe and supported at a time when they may become worried about the changes that are happening to their body. Parents of children in Year 6 will be invited to a meeting to discuss the Year 6 Healthy Relationships curriculum.